

Costoira Viewpoint



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Viewpoint with very easy access over the town of Cerredelo, in the municipality of Sandiás, which can be accessed by car. With an altitude of 800 meters, it is one of the best places to understand the relationship between the upper Lima and the neighboring Arnoia river that runs parallel to the north.

Sitting on the bench, you can see the extension of the extinct Lagoa da Antela and the Serra de San Mamede to the west, with its extension in the Serra do Talariño, where the Lima River starts. To the south, emerge the Serra do Larouco and the peaks of Pitões das Júnias, with two of the highest elevations in the Portuguese peninsular territory, Larouco (1535 meters) and Pico da Nevosa (1546 meters).

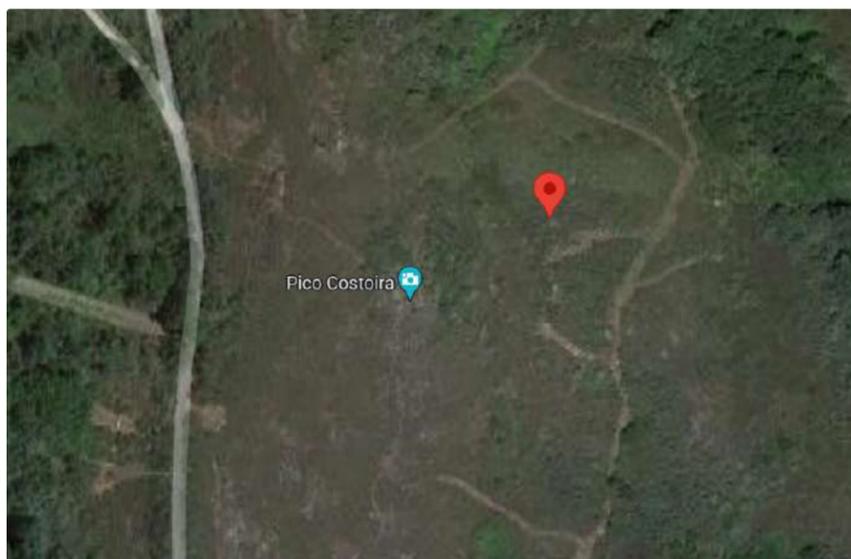
To the east, As Veigas de Ponteliñares and another formidable viewpoint in the region: the Castle of Celme.

Location

Pico Costoira, mirador.

Coordinates:

42.11352, -7.77536



[View in Google Maps](#)

Legends / Linked Stories

São Bieito da Uceira is a very miraculous saint, and with great importance in the imagination of people from Limia plain. Tradition says it can help get rid of warts. Other stories speak of offering to the saint the parts of the body that suffer from the disease, and even of a man who went on a pilgrimage on crutches and after trusting himself, walked again.

Gallery



Information of interest

The ascent is free from the village of Sandiás, with signs indicating the path that connects the village of Cerredelo to the viewpoint and the chapel of São Bieito de A Uceira (s.XVII-XVIII century), a chapel of strong popular devotion. It has its own pilgrimage every Easter Monday as well as the second Sunday in July.

Bibliography

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